

Childbirth Survival International<sup>®</sup> P.O. Box 32154 Baltimore, Maryland 21282 U.S.A Tel: (+1) 202 763 2100 Childbirth Survival International<sup>®</sup> P. O. Box 25326, Ilala Dar es Salaam, Tanzania Tel: (+255) 754 432 584 Childbirth Survival International P.O. Box 8119 Kampala, Uganda Tel: (+256) 775 860 761

### Wednesday, December 23, 2015

Childbirth Survival International Tanzania team will visit Kurasini Orphanage in Dar es Salaam for the fourth time and make donation of clothes, shoes, food, and other basic needs to help the care takers during this holiday season and give the children a reason for cheer. To make a donation or contribute to donation items, please contact Childbirth Survival International Tanzania Country Director, Mama Stella Mpanda at +255 754 432 584.

#### November 30 and December 2-3, 2015

Childbirth Survival International will revisit Amana Hospital in Ilalla, Tanzania (November 30th) to distribute 100 sterile delivsry kits purchased from the US, also known as mama kits. Frequent shortage of basic medical supplies is a serious problem in many health facilities. CSI will also donate sterile delivery kits to Mwananyamala Hospital (December 2nd) and Temeke Hospital (December 3rd).

#### Saturday, September 12, 2015 Time: 4:30pm-7pm Tickets: \$100

Join the Embassy of Tanzania in Washington DC and Childbirth Survival International for CSI's second annual fundraiser. A fundraising of it's own kind, where you Give and Receive at the same time - great raffle prizes to win. An opportunity to learn more about CSI's work in improving maternal and newborn survival and health in low-resource settings. Fundraising proceeds are to kick-off the maternal newborn survival project in Biharamulo District, northwest Tanzania. If you're unable to make it but would still like to support, click here.

## Thursday, May 28, 2015

#### International Menstruation Day

Girls begin menstruation with little to no knowledge and often it's a terrible experience from menarche and every month thereafter. Coupled with poverty to purchase necessary feminine hygiene products and facilities to clean up and safely dispose of used sanitary pads, girls in many developing countries are experiencing menstruation harshly. CSI recognizes these barriers and works with schools and communities to donate sanitary pads and talk to girls about menstruation, menstrual hygiene, and reproductive health. #MenstruationMatters

# Tuesday, May 5, 2015

#### International Day of the Midwife

CSI Tanzania Country Director, a nurse midwife by profession, will join midwives in Tanzania and globally to celebrate midwives for their commitment to safe motherhood & newborn survival and to recognize more skilled midwives are needed especially in hard-to-reach areas.

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## Sunday, March 8, 2015

International Women's Day #MakeItHappen @womensday

The CSI Tanzania Team joins the White Ribbon Alliance for Safe Motherhood in Tanzania, the Tanzania Ministry of Health and Social Welfare, and many international and local NGOs to #MakeItHappen for women and girls. The week long event in Tanga of renewing efforts and collaboration to improve maternal and newborn health in Tanzania will conclude with White Ribbon Day.

#### Saturday, February 6, 2015

CSI Tanzania re-visits Unambwe Secondary School in USA-River, Arusha. On August 17, 2014, CSI reached out to 27 girls. The CSI Team who developed "*Girl Talk, Girl Power*" is going back to Unambwe to reach out to 100 adolescent girls between the ages of 12-15 years old, with messages on reproductive and sexual health with the goal to delay sexual debut, prevent teenage pregnancies, prevent new STI and HIV infections, reduce number of adolescent girls dropping out of school, and ignite the desire to live and lead a successful life. Like last time, it's going to be fun, interactive, and educational. Click here for photos.

#### Saturday, January 31, 2015

CSI Tanzania will go back to Kurasini National Children's Home, an orphanage, and follow-up on first visit, which took place on April 27, 2014. CSI will distribute food and basic medical supplies, which the care-takers had expressed a major need at the center. Enjoy video from visit.

#### Tuesday, January 20, 2015

CSI Tanzania kicks off its Adolescent Reproductive Care (ARC) program through education and outreach in primary and secondary schools. CSI received support from the Government of Tanzania to implement ARC program. This program is intended to roll out to more schools. Click here to read more.

#### Saturday, January 10, 2015

CSI Tanzania will distribute children's clothes for free to poor families in the Ukonga Division Dar es Salaam, Tanzania. Clothes were donated during the summer clothing drive in Baltimore, MD. CSI recognizes many families struggle for basic necessities including clothes for their children.

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